



Courses for Parents & Online Safety News

Upcoming Online Courses

Build Emotional Resilience with Storybooks
Building your Child's Resilience
Building your Teenager's Resilience
Developing Early Communication Through Song, Play and Stories
Developing your Child's Self-Esteem
Exploring Behaviour Strategies
First Steps to Understand Emotionally Based School Non-Attendance
First Steps to Understand My Neurodivergent Child (ADHD, Autism)
Help your Child to Manage Anxiety
Help your Child to Develop Positive Bedtime Routines
Help your Child to Develop Positive Friendships
Learn, Play & Thrive - The Toddler Years
Navigate the options after Year 11 (college, apprenticeship, work)
Sensory Routines to Support your Child's Behaviour & Learning
Sensory Routines to Support Your Child with ASD, ADHD and other
Supporting your Teenager Online
Use a Positive Approach to Build Your Child's Resilience
Who's in Charge? First Steps to Understand Child to Parent Violence

Please note that some of these courses may have waiting lists and some run to more than one session. For full details of these and other courses offered by Surrey Adult Learning and how to book, click below.

[SEARCH COURSES](#)

Online Safety News

The impact of the Online Safety Act's Protection of Children Codes

Three months on from when measures designed to make the online world safer for children came into force as part of the Online Safety Act's Protection of Children Codes, InternetMatters.org has considered five ways that the Act has had an impact:

1. Many platforms are using age verification
2. Terms of service are getting easier to understand
3. Algorithms are being redesigned to reduce harms
4. Platforms are improving parental controls
5. Platforms are being held accountable

You can read the full report by clicking the link below:

[InternetMatters.org: 5 Ways the Online Safety Act is changing how children experience the online world](#)

Instagram AI Content PG13

AI characters (chatbots) were introduced into many apps around three years ago and there have been many reports of the failures of the safety guardrails, resulting in children being exposed to chats, advice and guidance which is entirely age-inappropriate. Instagram has introduced a new way for parents to manage their teens' access to one-on-one chats with AI characters. Users of Teen accounts should now only see content that's similar to what they would see in a PG13 movie. The new features:

- Allow parents to turn off their child's access to one-on-one chats with AI characters entirely.
- Allow parents to block specific AI characters.
- Parents will get insights into the topics their children are chatting about with AI characters.

[Click here for more Information on PG-13 Ratings guiding Instagram Teen Accounts](#)

[Click here for more information on Meta's approach to AI Safety](#)