



PE Intent, Implementation and Impact

Intent

At Bletchingley Village Primary School, we believe that all young people should have the opportunity to lead healthy and active lives. Our primary intent is to provide a positive experience of sport and physical activity from a young age to build a lifetime habit of participation. We believe that a high-quality PE curriculum inspires children to succeed and excel in physically demanding activities and competitive sports.

Through our PE provision, we aim to:

- Build essential life skills such as resilience, tenacity, and determination.
- Support pupils' general wellbeing by making physical activity an integral part of their daily school life.
- Develop physical competence and confidence to excel in a broad range of activities.
- Embed school values of self-discipline and respect while building character.
- Ensure all pupils are active for sustained periods and understand the long-term benefits of exercise for their health and fitness.

Implementation

Our curriculum is structured to be balanced and relevant, moving from foundational movements to complex skill application. We subscribe to PE Planning Limited to ensure our national curriculum provision is consistently up to date and effective.

Key elements of our implementation include:

- Progressive Learning Stages:
 - Foundation Stage: Focuses on mastering basic movements (running, jumping, hopping, crawling, throwing, and catching) and developing balance, agility, and coordination.
 - Key Stage 1: Pupils extend these skills in increasingly challenging situations, engaging in team games with simple tactics and performing dances with simple patterns.
 - Key Stage 2: Students apply skills to more complex sequences, focusing on flexibility, strength, technique, and control. They participate in modified competitive games and outdoor adventurous activities.
- Specialist Instruction: We work with a specialist gymnastics coach to develop core strength and coordination.
- Swimming & Water Safety: We provide a sequential programme starting in Year 3. We aim for all pupils to be water-confident, swimming at least 25 metres using a range of strokes and performing safe self-rescue by the end of Key Stage 2.
- Outdoor Learning: We utilise Forest Schools and various outdoor opportunities to promote an enduring healthy lifestyle through being "specifically active" outdoors.
- Wider Opportunities: Beyond discrete lessons, we offer active breaktimes, after-school clubs, Sports Days, and an annual 'dance assembly'.
- Health and Safety: All sessions adhere to strict safety guidelines, requiring pupils to wear agreed clothing and remove all jewellery.

Impact

The impact of our PE curriculum is seen in pupils who are physically competent, confident, and motivated to continue their journey in sport.

By the end of Key Stage 2, our pupils will:

- Lead healthy, active lifestyles with an informed understanding of fitness, nutrition, and wellness.
- Demonstrate the ability to recognise, evaluate, and improve their own techniques by comparing individual performances to previous ones.
- Have achieved the National Curriculum requirements for swimming and water safety.
- Apply the values of respect and self-discipline in both competitive and cooperative settings.
- Possess a strong foundation of physical skills and the emotional confidence gained through individual and group success.