

## PSHE/RSE Curriculum at Bletchingley Village Primary School and Nursery

### Intent, Implementation and Impact

#### Intent

At Bletchingley, we want every child to develop the knowledge, skills and attributes they need to lead confident, healthy and fulfilling lives. Our aim is for pupils to understand themselves and others, and to build positive relationships in an ever-changing world.

Our PSHE and RSE curriculum is underpinned by our school values of **caring, respect and self-discipline**, which are central to all aspects of learning and behaviour.

We help children to:

- develop self-awareness, resilience and emotional literacy,
- build positive relationships and show respect for others, and
- make informed choices that support their wellbeing and the wellbeing of those around them.

Through this, pupils are supported to demonstrate our key learning behaviours:

- **curiosity** when exploring new ideas and reflecting on their own experiences,
- **pride** in their personal growth and contributions,
- **collaboration** through discussion and shared learning,
- **challenge** by thinking critically about real-life situations,
- **determination** in developing resilience and managing emotions, and
- **independence** in making responsible and informed choices.

Our curriculum is designed to support pupils in becoming responsible, respectful and active members of society.

Through our teaching of PSHE and RSE, we provide a strong foundation for safeguarding, preparing pupils to navigate the challenges of modern life with confidence and care.

#### Implementation

At Bletchingley, we follow a carefully sequenced PSHE and RSE curriculum supported by the progressive scheme from Kapow Primary.

The curriculum is structured around five key areas:

- family and relationships,
- health and wellbeing,
- safety and the changing body,
- citizenship, and
- economic wellbeing.

These areas are revisited through a spiral curriculum approach, ensuring that pupils build on prior learning and develop their understanding with increasing depth and maturity over time.

Lessons are delivered in a safe, supportive environment where pupils feel confident to share their ideas and opinions. This reflects our core values of **caring and respect**, ensuring all voices are heard and valued.

Children are taught through engaging, discussion-based lessons that promote reflection, enquiry and personal development. Pupils are encouraged to:

- show **curiosity** by asking questions and exploring different viewpoints,
- work with **collaboration** and respect during discussions,
- take **pride** in their contributions and personal development, and
- develop **independence** in their thinking and decision-making.

Teachers support learning through:

- clear modelling and sensitive delivery of content,
- structured opportunities for discussion and oracy, and
- explicit teaching and revisiting of key vocabulary.

Pupils are also encouraged to embrace **challenge and determination**, particularly when exploring complex or sensitive topics, helping them to build resilience and self-discipline.

The curriculum promotes inclusivity and diversity, reinforcing respect for others and preparing pupils for life in modern Britain. Online safety and digital literacy are embedded throughout, ensuring pupils can apply their learning responsibly in real-life contexts.

### Impact

At Bletchingley, the impact of our PSHE and RSE curriculum is that pupils develop the knowledge, understanding and personal skills needed to thrive both now and in the future.

Pupils demonstrate our school values of **caring, respect and self-discipline** through their attitudes, behaviour and relationships with others.

By the end of Key Stage 2, pupils are expected to:

- demonstrate an understanding of how to maintain positive relationships,
- make informed choices about their health and wellbeing,
- understand how to stay safe, including online, and
- show respect for others and an awareness of their role in society.

They also demonstrate the key learning behaviours by:

- showing **curiosity** about the world around them,
- taking **pride** in their personal development,
- working with **collaboration** and empathy,
- embracing **challenge** in discussions and decision-making,
- demonstrating **determination** in managing emotions and relationships, and
- acting with **independence** and responsibility.

The impact of our curriculum is evaluated through a range of methods:

- ongoing formative assessment through discussion, questioning and observation,
- pupil voice, demonstrating confidence, understanding and reflection,
- written and creative outcomes, and
- monitoring through learning walks, book looks, planning scrutiny and professional dialogue.

This comprehensive approach ensures that pupils make meaningful progress and are well prepared for the next stage of their education. It also supports them in becoming thoughtful, responsible individuals who embody the values and learning behaviours of our school in everyday life.